

Jump Into Foods and Fitness

Nutrition and Exercise Programming
For Youth with Developmental Disabilities

CURRICULUM ADAPTATION GUIDE

2nd Edition

BASED ON

Jump Into Foods and Fitness
Michigan State University Extension

INCORPORATING

Jump Into Foods and Fitness – Missouri
University of Missouri Extension

DEVELOPED BY

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The JIFF Curriculum Adaptation Guide 2nd Edition is intended to supplement the Jump Into Foods and Fitness curriculum (2006) Michigan State University Extension. To order a copy of the JIFF curriculum or to make inquiries contact Michigan State University Extension:

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